

# Become an RSVP Home Safety Assessor!

Retired and Senior Volunteer Program



## Falls Prevention Training

**July 14, 2010**

**8:30 a.m.—1:30 p.m.**

### Good Shepherd

Community  
Fellowship Hall  
1115 4<sup>th</sup> Ave. N, Sauk  
Rapids  
(Enter chapel doors)



Becoming a Falls Prevention volunteer is **free** and **easy**! No experience necessary. Registration is required. Please call Lisa J. Braun to sign up, 320-650-3122.



The St. Cloud Fire Department reports one to two lift assists (helping a person get up from a fall) of older adults per day – sometimes the same person multiple times in one week.

Help seniors in your community remain in their homes safely by accepting an invitation to volunteer for a new RSVP initiative—

### The Falls Prevention Program

RSVP is working with the CentraCare Foundation and the Central Minnesota Falls Prevention and Home Safety Coalition to reduce the number of falls sustained by seniors in Central Minnesota.

Volunteer home safety inspectors will perform home safety assessments for older adults. This procedure will include assessing every room of the home as well as the outside of the structure for potential hazards. The resident will then be informed of the risks and ways to mitigate them.

Volunteers will attend a 5 hour training (complimentary lunch is provided) and are asked to commit to conducting approximately 5 home safety assessments (with a volunteer partner) between August 1, 2010 and February 15, 2011.

For more information or to sign up, please call Lisa J. Braun at 320-650-3122.

